1 INSTITUTE FOR JUSTICE Jeffrey Rowes (application for admission *pro hac vice* to be filed) 2 816 Congress Ave., Suite 960 Austin, TX 78701 3 (512) 480-5936 4 Adam Griffin (application for admission *pro hac vice* to be filed) 5 901 N. Glebe Rd., Suite 900 Arlington, VA 22203 6 (703) 682-9320 7 PILLSBURY WINTHROP SHAW PITTMAN LLP Thomas V. Loran III (CA Bar No. 95255) 8 Four Embarcadero Center, 22nd Floor 9 San Francisco, CA 94111 (415) 983-1865 10 Derek M. Mayor (CA Bar No. 307171) 11 500 Capitol Mall, Suite 1800 Sacramento, CA 95814 12 (916) 329-4703 13 Attorneys for Plaintiffs Full Circle of Living and Dying; Bonnie "Akhila" Murphy; Donna Peizer; 14 Pamela Yazell; Kay Hogan; Janaia Donaldson; and Robin Mallgren 15 UNITED STATES DISTRICT COURT 16 EASTERN DISTRICT OF CALIFORNIA 17 No. FULL CIRCLE OF LIVING AND DYING: 18 BONNIE "AKHILA" MURPHY; DONNA PEIZER; PAMELA YAZELL; KAY 19 HOGAN; JANAIA DONALDSON; and 20 ROBIN MALLGREN, **COMPLAINT** 21 Plaintiffs, v. 22 GINA SANCHEZ, in her official capacity as 23 Bureau Chief of the Cemetery and Funeral Bureau; KIMBERLY KIRCHMEYER, in her 24 official capacity as Director of the Department of Consumer Affairs; and LOURDES 25 CASTRO RAMIREZ in her official capacity 26 as Secretary of the Business, Consumer, and Housing Agency, 27 Defendants. 28

INTRODUCTION

1. This civil-rights action seeks to vindicate the First and Fourteenth Amendment rights of end-of-life doulas and the families they advise and guide in holding a funeral at home for a deceased loved one. An end-of-life doula is like a birth doula, but for the final stage of life. Just as a birth doula focuses on the practical, emotional, non-medical needs of the mother, an end-of-life doula focuses on the practical, emotional, non-technical needs of the dying and their families. Home funerals are simple, safe, and an American tradition. They are legal across the United States. At a home funeral, family and friends privately care for the remains of the deceased and honor his or her life. Plaintiffs Akhila Murphy and Donna Peizer are end-of-life doulas who provide advice in planning, and in-person assistance during, home funerals. Plaintiffs Pamela Yazell, Kay Hogan, Janaia Donaldson, and Robin Mallgren ("Family Plaintiffs") want to plan and hold their home funerals with the advice and assistance of Akhila and Donna.

2. But in December 2019, Defendants—the officials responsible for the Cemetery and Funeral Bureau (collectively, "Bureau")—ordered Akhila and Donna's tiny nonprofit, Plaintiff Full Circle of Living and Dying ("Full Circle"), to stop providing end-of-life doula services and to stop advertising those services until licensed as a funeral establishment. These restrictions violate Plaintiffs' free-speech rights to give and receive individualized advice, Plaintiffs' rights to give and receive commercial speech, and Plaintiffs' substantive due-process rights to hold home funerals that include the in-person assistance of Full Circle and its end-of-life doulas.

JURISDICTION

- 3. Plaintiffs bring this civil-rights lawsuit under the First and Fourteenth Amendments to the United States Constitution, the Civil Rights Act of 1871, 42 U.S.C. § 1983, and the Declaratory Judgment Act, 28 U.S.C. §§ 2201-02.
- 4. Plaintiffs seek declaratory and injunctive relief against Defendants' future application and enforcement of the Cemetery and Funeral Act, California Business and Professions Code ("Cal. Bus. & Prof. Code"), Chapter 12, Division 3; regulations promulgated under the Act, California Code of Regulations ("C.C.R."), Title 16, Chapter 12; and the practices and policies of Defendants, to the extent that these statutes, regulations, and practices and policies abridge Plaintiffs' free-

1	speech and due-process rights.			
2	5. This Court has subject-matter jurisdiction under 28 U.S.C. §§ 1331 and 1343.			
3	6. Venue lies in this Court under 28 U.S.C. § 1391(b).			
4	PARTIES			
5	7. Plaintiff Full Circle of Living and Dying is a California nonprofit corporation and federal			
6	501(c)(3) charitable organization.			
7	8. Plaintiff Bonnie "Akhila" Murphy is a United States citizen and resident of Penn Valley,			
8	California.			
9	9. Plaintiff Donna Peizer is a United States citizen and resident of Grass Valley, California.			
10	10. Plaintiff Pamela Yazell is a United States citizen and resident of Grass Valley, California.			
11	11. Plaintiff Kay Hogan is a United States citizen and resident of Grass Valley, California.			
12	12. Plaintiff Janaia Donaldson is a United States citizen, resident of Nevada City, California,			
13	and the spouse of Plaintiff Robin Mallgren.			
14	13. Plaintiff Robin Mallgren is a United States citizen, resident of Nevada City, California, and			
15	the spouse of Plaintiff Janaia Donaldson.			
16	14. Defendant Lourdes M. Castro Ramirez is the Secretary of the California Consumer,			
17	Business Services, and Housing Agency. She is sued in her official capacity.			
18	15. Defendant Kimberly Kirchmeyer is the Director of the California Department of Consumer			
19	Affairs. She is sued in her official capacity.			
20	16. Defendant Gina Sanchez is the Chief of the California Cemetery and Funeral Bureau. She			
21	is sued in her official capacity.			
22	STATEMENT OF FACTS			
23	Home Funerals Are Legal, Safe, and an American Tradition.			
24	17. A home funeral involves family and friends holding a funeral in a private home to honor			
25	the deceased, whose remains are present, with rituals or ceremonies, vigils, visitations, storytelling,			
26	music, and anything else meaningful to the deceased and those gathered to honor her life and			
27	passing.			

18. The deceased may be in the home because he or she has died there or because he or she

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- 30. Home funerals are legal in all 50 states, including California.
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- 31. There is no legal presumption that when a person dies, that person's remains present a risk of infectious disease or any other health condition that would preclude a home funeral.
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- 32. Families that want a home funeral do not need a government license or any form of government permission to have the home funeral.
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- 33. The Cemetery and Funeral Bureau acknowledges the legality of home funerals, publishing an informational brochure with a short paragraph on home-funeral care. *See* Exhibit A (Excerpt from California Cemetery and Funeral Bureau Consumer Guide on Home Funeral Death Care).
- 34. In ordinary circumstances, human remains present no material health and safety risk to those in the presence of the body for at least the first 72 hours after death.
- 35. If it was safe for family and friends to care for a loved one in the final stage of life, then it is safe for family and friends to care for the loved one in the first few days after death.
- 36. If a person is subject to a lawful quarantine order in the final days before death, that extraordinary order may prohibit a home funeral and may mandate special procedures for the disposition of the remains.
- 37. If a person dies when there is an executive health-and-safety emergency order restricting certain social gatherings, that extraordinary order may prohibit or regulate a home funeral and may mandate special procedures for the disposition of the remains
- 38. If a person dies and there is an executive health-and-safety emergency order relating to the COVID-19 health crisis, that extraordinary order may prohibit or regulate a home funeral and may mandate special procedures for the disposition of the remains.
- 39. Home funerals do not require technical expertise: Family members do not, for example, declare death, embalm remains, or slow decomposition with anything but dry ice.
- 40. In general, the time a decedent lies in honor at home varies from a few hours to up to three days after death.
- 41. California law requires the person who has legal rights over the body of the deceased, usually an agent or next-of-kin, to legally inter the body within a reasonable time. Cal. Health & Safety Code §§ 7100, 7102, 7103(a).
- 42. The legal requirement that final disposition of the remains must be made within a reasonable time sets the outer bounds on the duration of a home funeral.
 - 43. A death must be declared by a legally authorized medical professional.
- 44. If a person dies and the law requires her cause of death be investigated, a coroner is entitled to take custody of the remains until conclusion of the autopsy or medical investigation, and this

may lawfully preclude, prohibit, or regulate a home funeral and may mandate special procedures for the disposition of the remains. Cal. Health & Safety Code § 7102.

- 45. Typically, a family will hire a state-licensed funeral director to obtain the death certificate and disposition permit, arrange for cremation or burial, and transport the body of the deceased from the home when the time comes.
- 46. Family members or agents may obtain the death certificate and disposition permit themselves and may transport the body to the cemetery or crematory in a private vehicle, but this is rarely done in practice.
 - 47. Home funerals have been an America tradition since the inception of the nation.
- 48. George Washington had a home funeral at his estate at Mt. Vernon, Virginia, where he was also buried.
- 49. Nobel prizewinning author William Faulker's 1930 Southern Gothic masterpiece *As I Lay Dying* is about a Mississippi family caring for the remains of matriarch Addie Bundren after she dies at home.
- 50. Catholicism (a Wake) and Judaism (a Shemria) include rituals in which the remains of deceased loved ones are present in the home and under the care of close family and friends.

Akhila, Donna, and Full Circle Provide Home-Funeral Advice and Assistance in Nevada County.

- 51. Plaintiff Akhila Murphy is an end-of-life doula in Grass Valley, Nevada County, California.
- 52. Now retired, Akhila graduated from California State University Sacramento and worked at AT&T for 31 years.
- 53. Prior to starting Plaintiff Full Circle of Living and Dying, Akhila was a hospice volunteer for 10 years and is currently a hospice Dying Vigil and Bereavement volunteer.
- 54. Akhila joined the home-funeral movement after witnessing her own family struggle with the aftermath of two suicides—the second one the result of unresolved grief from the first.
- 55. Akhila attended various training courses and seminars in end-of-life care, after-death care and grief-care companioning, such as: Final Passages Institute of Conscious Dying, Home Funeral

and Green Burial Education; Inspired Endings End-of-Life Planning, Education and Care; grief-ritual workshops, hospice-bereavement-care facilitation courses, and a multitude of seminars and webinars on death and dying care.

- 56. In 2013, Akhila, along with two other people, founded Full Circle to help members of her community in Nevada County learn about home funerals, provide one-on-one advice in planning a home funeral, and offer practical in-person assistance during the transition from life to death and during the period of lying-in-honor at home after death.
- 57. In August 2018, Full Circle was incorporated as a 501(c)3 nonprofit charitable organization.
- 58. Donna Peizer is an end-of-life doula with Full Circle and a member of the Full Circle Board of Directors.
- 59. She is an 80-year-old retiree with a bachelor's degree in nursing, a master's degree in counseling, and a law degree from the University of California, Berkley.
- 60. While living in Colorado, Donna was a volunteer with the Crestone End of Life Project ("Crestone"), which has the only outdoor cremation ground in the country.
- 61. When Donna moved back to California in 2017, she met Akhila and continued the work she had been trained to do with Crestone.
- 62. Although home funerals are legal and have been practiced throughout American history to the present, only a small fraction of contemporary funerals are home funerals, though the movement is growing.
- 63. People who want a home funeral for themselves after death, or families who want a home funeral for a loved one who has died, often lack the basic practical know-how to feel confident about planning and holding a home funeral.
- 64. State-licensed funeral directors, and the state-licensed funeral homes where they work, generally do not offer home funerals as a consumer option.
- 65. No funeral home in Nevada County, where Akhila and Donna live and work, offers a homefuneral package or home-funeral-oriented services.
 - 66. End-of-life doulas teach families practical know-how and, if the family so desires, provide

in-person or telephonic assistance after death to guide the home-funeral process.

- 67. End-of-life doulas view death as a transition during which they can advise and assist prior to or after death, even if no home funeral is involved.
- 68. End-of-life doulas may be present in the hours preceding death to provide moral support to the dying person and the family as the transition from life to death occurs.
- 69. Many end-of-life doulas, including Akhila and Donna, are certified by private training programs now available nationwide such as Final Passages Institute of Conscious Dying, Home Funeral and Green Burial Education; Inspired Endings End-of-Life Planning, Education and Care; grief-ritual workshops, hospice-bereavement-care facilitation courses, and a multitude of seminars and webinars on death and dying care.
- 70. If an end-of-life doula attends a home funeral, she provides guidance, hands-on assistance, and support as the family needs it.
- 71. An end-of-life doula provides direct, hands-on assistance only when an extra pair of hands is needed and only when invited to do so.
- 72. An end-of-life doula only assists with activities a layperson can legally do, such as helping the family with bathing, dressing, and repositioning the body.
- 73. An end-of-life doula does not possess specialized technical knowledge or skills beyond the scope of layperson knowledge and skills, is not a medical professional, and is not a funeral director.
 - 74. Full Circle's end-of-life doulas provide three primary services.
- 75. Full Circle's first primary service is to offer education to the public at large about home funerals and other topics related to death, dying, and end-of-life planning.
- 76. Full Circle engages in this general education through information on Full Circle's website and through public presentations, often held in conjunction with the local hospice, Hospice of the Foothills, with which Full Circle is closely affiliated.
- 77. Full Circle's second primary service is to provide one-on-one consultations to individual families or a caring circle of friends to co-create an individualized end-of-life-care plan, which may or may not include a home funeral.
 - 78. A family member or agent who is legally empowered to act on behalf of another in making

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arrangements for end-of-life and/or after-death care may obtain the same personalized planning services (for example, an adult daughter making arrangements for an incapacitated, terminally ill parent or for someone who has just died).

- 79. When a Full Circle doula engages in a one-on-one consultation about co-creating an end-of-life-care plan, the discussion and planning include topics such as:
 - a. What are the wishes of the person who will die or who has just died?
 - b. Where will the person die?
 - c. Will the person hasten their death through medical assistance in dying under the California End of Life Option Act, and, if so, who will obtain the medication once the consulting physicians have satisfied the procedural safeguards and written the prescription?
 - d. Who will confirm the paperwork is in order such as advance directives, POLST (physician orders for life-sustaining treatment), and contact numbers for a medical team, family, and caregivers?
 - e. If the death will not occur at home, how will the deceased be brought home?
 - f. Who will assist in moving, bathing, and dressing the decedent for lying-in-honor?
 - g. What rites, rituals, or ceremonies does the family want?
 - h. Who will attend the home funeral and what will their roles be?
 - i. Will there be children present and how will the death be explained to them?
 - j. Will the rites, rituals, or ceremonies be secular or religious, and is a member of the clergy or other celebrant needed to officiate?
 - k. How long will the rites and ceremonies last (i.e., minutes, hours or days)?
 - 1. Will a burial container, such as a shroud and/or cardboard casket be used, and are loved ones interested in decorating it or decorating items that will go with the body?
 - m. When the home funeral is finished, who (usually a funeral director) will take responsibility for transporting the remains from the home for final disposition?
 - n. Does the family want a Full Circle doula to be present prior to death and/or present to guide the process after death?

- o. Is there a need for referrals for doctors, pharmacies, hospice, funeral homes, cemeteries, body donation, herbalists, musicians, celebrants, end-of-life massage therapists, etc.?
- 80. A Full Circle end-of-life doula's one-on-one advice does **not** involve:
 - a. Acting as the family's agent for the purchase of flowers, catering services, transportation services, funeral-director services, or any other goods and services from third parties;
 - b. Directly selling the family flowers, catering services, transportation services, or anything other than end-of-life and after-death education and planning.
 - Accepting money from families to hold in trust for the future purchase of goods or services;
 - d. Advising families about technical matters that are generally beyond the scope of layperson knowledge, such as the embalming of remains or contagious disease;
 - e. Providing any medical care immediately prior to death;
 - f. Handling or assisting in the lawful ingestion of lethal substances pursuant to the California End of Life Option Act;
 - g. Advising families about anything that would be illegal for a layperson to perform during a home funeral;
 - h. Encouraging a family to have a home funeral when this is not the client's or the family's preference;
 - Discouraging families from having traditional, full-service funerals or from using the goods and services of funeral directors;
 - j. Maintaining a physical building to provide the goods and services of licensed funeral directors.
- 81. A Full Circle end-of-life doula's one-on-one consultations with a client or family members results in a detailed written plan that the family can implement when the time comes, with or without additional doula services or participation. *See* Exhibit B (Excerpts from the Full Circle End-of-Life Care Plan).
 - 82. A Full Circle end-of-life doula's one-on-one advice consists of communication that may

occur in-person or via electronic means such as the telephone or teleconference, or it may occur in written form.

- 83. Full Circle's third primary service is in-person, hands-on assistance which may be offered in the hours immediately preceding death and during the lying-in-honor period at home after death.
 - 84. A doula who attends a home funeral may assist in any of the following ways:
 - a. Serving as a calming and supportive presence during the stressful time for loved ones immediately following the death;
 - b. Guiding family members in implementing the written home-funeral plan and facilitating adjustments;
 - c. Helping with practical tasks such as removing medical equipment, making phone calls, guiding the ritual bathing and dressing of the body, relocating the deceased to the place within the home where she will lie-in-honor, placing dry ice around the body to delay decomposition.
- 85. An end-of-life doula's in-person assistance prior to and during a home funeral does **not** include:
 - a. Undertaking or assisting with any activity that is not legal for a layperson to perform after a death;
 - Engaging in any technical activity requiring the specialized knowledge and skills of a medical professional or funeral director.
- 86. If it is safe for a layperson to perform a home funeral for their loved one, it is safe for a layperson end-of-life doula to assist another layperson in performing a home funeral for their loved one.
- 87. End-of-life doulas like Akhila and Donna are not funeral directors and do not hold themselves out to be.
- 88. With very few exceptions, families also engage a local mortuary to provide the services Full Circle does not provide, which include obtaining death certifications and disposition permits, making arrangements and carrying out the final disposition of the body, and transporting the body to the site of its final disposition.

- 89. The only things not usually needed from funeral directors after a home funeral are long-term storage of remains and embalming.
- 90. End-of-life doulas like Akhila and Donna, in contrast to funeral directors, are often present to offer practical, nonmedical assistance immediately prior to death.
 - 91. End-of-life doulas fill the gap between the client's medical providers and hospice workers.
- 92. End-of-life doulas like Akhila and Donna, especially those invited into the home to assist prior to and just after death, are often emotionally engaged with the family in a way that arm's length funeral directors are often not.
- 93. Full Circle advertises its services through its website and promotional materials such as flyers and brochures.
- 94. Full Circle's website and promotional materials accurately describe what Full Circle endof-life doulas say and do; for example:
 - a. "ADVANCE PLANNING IS THE BEST WAY TO MAKE YOUR WISHES KNOWN. CALL US FOR A FREE PHONE CONSULTATION (916)397-5443. We also offer a complete in-home consultation which includes an individualized plan of care and step-by-step guidance in options available in our community."
 - b. "Let's have [a] step by step discussion about what you want for your own after death care, or care of a loved one. We also offer in-home individualized care plans for you and your loved ones to discuss options together let's talk more!"
 - c. "We also provide home cleaning/clearing services. Our team can come into the home for deep physical cleaning, sorting and reorganizing the home prior to lying in honor."
- See Exhibit C (Full Circle website screenshots of commercial speech).
- 95. Akhila, Donna, and Full Circle have never encountered a client that thought Full Circle's end-of-life doulas were state-licensed funeral directors.
- 96. Akhila, Donna, and Full Circle have never encountered a client that thought Full Circle was a state-licensed funeral establishment.

125. Robin has a Ph.D. in computer science and is a retired software design engineer.

124. Janaia has a bachelor's degree in fine arts and is a retired graphic designer and software

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user interface designer.

1	126. In their retirement, Januara and Room enjoy tending to and managing their 120 acres of		
2	forest land and they are planning to acquire legal rights to open a private family cemetery on their		
3	land.		
4	127. Robin has been evaluated as having mild dementia, which may be a precursor to		
5	Alzheimer's disease.		
6	128. Janaia and Robin would like to plan their home funerals with Akhila, Donna, and Full		
7	Circle and plan for them to participate in performing the ceremony.		
8	129. Janaia's mother is 97-years-old.		
9	130. Janaia would like to have conversations with Akhila, Donna, and Full Circle about		
10	planning a home funeral for her 97-year-old mother.		
11	131. The Family Plaintiffs would like to receive individualized home-funeral-planning advice		
12	from Full Circle, Akhila, and Donna.		
13	132. The Family Plaintiffs would like to learn about Full Circle, its doulas, their services, and		
14	their fees via the Full Circle website and informational/promotional materials.		
15	The California Cemetery and Funeral Bureau Orders Full Circle to Cease Acting as a		
16	Funeral Establishment and to Cease Advertising.		
17	133. Akhila and Donna do not regard themselves as funeral directors.		
18	134. Akhila and Donna do not hold themselves out as being funeral directors.		
19	135. Akhila and Donna do not regard Full Circle as a funeral establishment.		
20	136. Akhila, Donna, and Full Circle do not hold Full Circle out as being a funeral		
21	establishment.		
22	137. Akhila and Donna do not regard themselves or Full Circle as competitors of funeral		
23	directors or funeral establishments.		
24	138. Akhila, Donna, Full Circle, and its other end-of-life doulas have enjoyed excellent		
25	cooperative relationships with local funeral directors and funeral establishments.		
26	139. Akhila, Donna, Full Circle, and its other end-of-life doulas have striven to familiarize		

themselves with California funeral law and maintain relationships with the Bureau.

140. Full Circle wants to comply with state law at all times.

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141. Akhila had a telephone call with Bureau Field Representative Glenn Miller on September 16, 2019 to ask his opinion about specific aspects of compliance where home funerals are concerned.

- 142. Bureau Field Inspector Glenn Miller had a preexisting relationship with Akhila and Full Circle and was aware of their activities in the Nevada County community.
- 143. In the September 16, 2019 conversation with Glenn Miller, Akhila asked a "set of questions . . . intended to find out what kinds of [mortuary] services are prohibited by law or regulations."
- 144. In the September 16, 2019 conversation with Glenn Miller, Akhila offered the proposed hypothetical scenario as the basis for her questions:

"Scenario: A family is planning to have a Family Directed funeral in the home. The family member dies at home under hospice care. The family wants to keep the loved one at home for 48 hours for an in-home wake using ice packs for preservation. The final disposition of the body will be in the local cemetery. The family wants to hire a mortuary service to file the death certificate and transport the deceased directly from the home to the cemetery for burial."

- 145. Akhila then asked the following six questions and contemporaneously wrote down Mr. Miller's answers:
- 146. "Do consumers have the right to hire a mortuary service in another county? **ANSWER**: Consumers may hire [the] services of [a] mortuary in a different county within California. It is legal to transport over county lines with a disposition permit."
- 147. "Under this scenario is there a law that prohibits the mortuary director from filing the death certificate for the family? (We understand families have the ability to go to Vital Records office -excluding weekends- to file paperwork for the death certificate on their own). **ANSWER**: In the case of a family home funeral, no law prohibits a mortuary from charging to file a death certificate only, without purchasing any other services or items."
- 148. "Is there a law that prohibits direct transportation by the mortuary from the home directly to the cemetery? **ANSWER**: There is no law or regulation that prohibits a mortuary from transporting the deceased from home (place of death or lying in honor) directly to cemetery or

4	casket, etc.? ANSWER: NO."		
5	150. "Is there a law that prohibits a family member from transporting a deceased family		
6	member in their own vehicle to the crematory or cemetery? ANSWER: NO."		
7	151. "If a family member dies can a professional funeral company be hired to transport a		
8	family member who dies in the hospital? ANSWER: yes."		
9	152. At no point during this September 16, 2019 conversation did Bureau Field Representative		
10	Miller indicate that Akhila or any other Full Circle doula was doing anything that violated		
11	California's funeral law.		
12	153. During the September 16, 2019 conversation, Akhila told Bureau Field Representative		
13	Miller that a local funeral director had told her that Mr. Miller had told this funeral director to		
14	"steer clear of our organization."		
15	154. Bureau Field Representative Miller stated that he had not told any funeral director to steer		
16	clear of Full Circle.		
17	155. During the September 16, 2019 conversation, Bureau Field Representative Miller		
18	mentioned to Akhila that he had received via email an anonymous complaint against Full Circle,		
19	asking whether Full Circle is licensed and, if not, whether it should be.		
20	156. Akhila reiterated that end-of-life doulas are not funeral directors and do not act as such.		
21	157. Bureau Field Representative Miller said the problem might be with content on Full		
22	Circle's website.		
23	158. Akhila pointed out the disclaimers posted on the website that specifically state that Full		
24	Circle doulas are not licensed funeral directors. See Exhibit D (Full Circle website screenshot of		
25	disclaimer).		
26	159. Bureau Field Representative Miller stated that he had examined the website himself and		
27	found only one statement that was troublesome, which was a caption under a photograph stating,		
28	"We may assist in a washing ceremony."		
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	COMPLAINT		

- 160. Akhila agreed to remove the word "assist" and asked Mr. Miller to review the Full Circle website again to see if any other changes were needed, but she did not hear back from him.
- 161. Immediately after the September 16, 2019 phone conversation with Bureau Field Representative Miller, Akhila changed the phrasing on the website and eliminated the word "assist."
- 162. On November 19, 2019, the Bureau issued a Notice of Citation and Assessment of Fine ("Notice") against Akhila and Full Circle pursuant to 16 C.C.R. § 1246. *See* Exhibit E (Notice).
- 163. The Notice stated that "Glenn Miller, a Field Representative for the Bureau, conducted an investigation into a complaint filed against Full Circle of Living and Dying."
- 164. The Notice next stated that the "Bureau's investigation revealed a violation of CCR section 1246, unlicensed activity, when Full Circle of Living and Dying engaged in the activity of advertising as a funeral establishment when Bureau records reveal that no funeral establishment license has been issued to Full Circle of Living and Dying."
- 165. The Notice then stated that "Full Circle of Living and Dying advertises services on its website (www.fullcirclelivingdyingcollective.com) for which a funeral establishment license is required."
- 166. The Notice did not identify any specific part of the Full Circle website that contained information indicating that Full Circle was advertising as a funeral establishment.
- 167. The Notice did not identify any activity described on the Full Circle website that would require a funeral establishment license.
- 168. The Notice had no details that would enable a reasonable person to distinguish between what the Bureau believes is permitted and what the Bureau believes is forbidden.
- 169. The Notice did not contain any exhibits or other evidence illustrating what the Bureau believes is permitted and what the Bureau believes is forbidden.
- 170. The Notice concluded with an "ORDER OF ABATEMENT" stating: "The Bureau hereby directs that you immediately discontinue advertising and operating as a funeral establishment until a license is issued by the Bureau."
 - 171. The Notice stated that Full Circle could pursue an informal office conference by filing a

185. Akhila had prepared a statement outlining Full Circle's history, philosophy, and mission. She read the statement and handed a copy to Amber.

pursuant to the September 26, 2019 phone conversation with Bureau Field Representative Miller.

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- 186. Bureau staff stated that Full Circle is not allowed to collect fees for its services.
- 187. Bureau Field Representative Miller said that receipt of any fees was impermissible.
- 188. Bureau staff suggested that if Akhila, Donna, and Full Circle wanted to understand what regulations they were violating and how to comply, they should consult "legal," meaning they should retain an attorney to tell them what they are doing wrong.
- 189. When Donna asked if the Bureau had an attorney for that purpose, Bureau staff answered, "no, consult your own attorney."
- 190. Near the end of the conference, the Bureau staff voiced their strong desire to bring Full Circle under its regulatory control, emphasizing the need for the Bureau to be able to "inspect" their premises and "examine" their charges.
- 191. Bureau staff stated that there would not be any problems if Full Circle became a licensed funeral establishment and one of their end-of-life doulas became a licensed funeral director.
- 192. Near the end of the meeting, unprompted by any ongoing conversation, one of the Bureau staff stated to Akhila and Donna that "the funeral industry does not appreciate competition."
- 193. On December 24, 2019, Defendant Bureau Chief Gina Sanchez, who did not attend the informal conference on December 17, 2019, issued the Bureau's "DECISION AFTER INFORMAL CONFERENCE REGARDING CITATION." ("Decision"). *See* Exhibit F (Decision).
 - 194. The Decision affirmed the November 19, 2019 Notice in all respects.
- 195. The Decision stated that, during the informal conference, Akhila said that Full Circle "is not a funeral establishment and does not advertise as such" and that the doulas "do not offer services that would be performed by a funeral director."
- 196. The Decision next stated that "nothing in [Akhila's] or [Donna's] rebuttal provides any reason or belief that the findings of the investigation or the citation were incorrect in their facts."
- 197. The Decision concludes: "Based on information presented by [Akhila], in regard to violation of CCR section 1246, I am compelled to uphold the citation."

There Is No Practical Way for Full Circle to Become a Licensed Funeral Establishment or for Akhila and Donna to Become Licensed Funeral Directors.

198. The Bureau's position is that Full Circle is a "funeral establishment" under California law for which a funeral-establishment license is required.

199. A licensed funeral establishment is defined as: "a place of business conducted in a building or separate portion of a building having a specific street address or location and devoted exclusively to those activities as are incident, convenient, or related to the preparation and arrangements, financial and otherwise, for the funeral, transportation, burial or other disposition of human remains and including, but not limited to, either of the following:

- a. (1) A suitable room for the storage of human remains.
- b. (2) A preparation room equipped with a sanitary flooring and necessary drainage and ventilation and containing necessary instruments and supplies for the preparation, sanitation, or embalming of human remains for burial or transportation."
- Cal. Bus. & Prof. Code § 7616.
- 200. A licensed funeral establishment must conduct its business in an actual physical building. Cal. Bus. & Prof. Code §§ 7616, 7617.
- 201. A licensed funeral establishment must "at all times employ a licensed funeral director to manage, direct, or control its business or profession." Cal. Bus. & Prof. Code § 7616.2.
- 202. The Cemetery and Funeral Act defines a "funeral director" as: "a person engaged in or conducting, or holding himself or herself out as engaged in any of the following:
 - a. Preparing for the transportation or burial or disposal, or directing and supervising for transportation or burial or disposal of human remains.
 - b. Maintaining an establishment for the preparation for the transportation or disposition or for the care of human remains.
 - c. Using, in connection with his or her name, the words 'funeral director,' or 'undertaker,' or 'mortician,' or any other title implying that he or she is engaged as a funeral director."
- Cal. Bus. & Prof. Code § 7615.
- 203. If Full Circle is a "funeral establishment," then Ahkila, Donna, and the other Full Circle leadership meet the statutory definition of "funeral director" because they are "[m]aintaining an

establishment for . . . the care of human remains." Cal. Bus. & Prof. Code \S 7615(b).

- 204. To become a licensed funeral director, a person must be at least 18-years old, possess an associate of arts or science degree (or an equivalent or higher level of education), and not have committed certain acts or crimes that are grounds for denial of licensure. Cal. Bus. & Prof. Code § 7615.
- 205. An individual seeking to become a licensed funeral director also must successfully pass an examination that tests:
 - a. The signs of death.
 - b. The manner by which death may be determined.
 - c. The laws governing the preparation, burial and disposal of human remains, and the shipment of bodies dying from infectious and contagious diseases.
 - d. Local health and sanitary ordinances and regulations relating to funeral directing and embalming.
- Cal. Bus. & Prof. Code § 7622.
- 206. Akhila is not a funeral director, does not want to be a funeral director, does not need the knowledge or skills of a funeral director to be an end-of-life doula, and the time and expense of obtaining superfluous funeral-director training and a license is an immense, pointless, unrealistic burden for a 67-year-old retiree.
- 207. Donna is not a funeral director, does not want to be a funeral director, does not need the knowledge or skills of a funeral director to be an end-of-life doula, and the time and expense of obtaining superfluous funeral-director training and a license is an immense, pointless, unrealistic burden for an 80-year-old retiree.
- 208. Full Circle is not a funeral establishment, does not want to be a funeral establishment, does not require the physical structure and equipment of a funeral establishment to provide end-of-life doulas services, and the time and expense of obtaining a superfluous building and funeral-establishment license is an immense, pointless, and unrealistic burden for a tiny nonprofit with an annual budget of \$11,000 or less.

INJURY TO PLAINTIFFS

209. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle would not fear the Bureau's future enforcement efforts and fines.

- 210. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle will not have to choose between helping the families who need them and risk the Bureau's enforcement and fines.
- 211. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle will not decline in the future to speak with families after death to provide them with the guidance, support, and assistance they want at that important time.
- 212. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle will not decline in the future to provide individualized home-funeral-planning advice to the Family Plaintiffs.
- 213. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, the Family Plaintiffs would have begun speaking with Akhila, Donna, and Full Circle to create individualized home-funeral plans.
- 214. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle will not in the future decline to engage in any spoken or written communication necessary to provide in-person assistance with home funerals after a death has occurred.
- 215. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle would not lose future revenue, whether fees or donations, as a result of declining to provide individualized home-funeral-planning advice and declining to provide in-person assistance with home funerals.
- 216. But for the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Full Circle, Akhila, and Donna, those three Plaintiffs would not face the immense, pointless, and unrealistic burdens of obtaining licensure in order to continue their calling as end-of-life doulas.

217. The Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle has had a chilling effect on Plaintiffs' speech and activities due to fear of enforcement and fines.

218. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle are constantly concerned that a person facing his or her last moments will die, wanting their advice and assistance, without having had an opportunity to consult with them for home-funeral-planning advice and die without having had their in-person assistance during a home funeral.

219. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, a person wanting to receive advice and in-person assistance from Akhila, Donna, and Full Circle could die and their family forced to abandon the plan for a home funeral because the family does not feel comfortable proceeding without the guidance and support of the end-of-life doulas who now have been instructed by the Bureau not to help families.

220. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle are constantly concerned that the Family Plaintiffs may experience a death without having had the opportunity to consult with them for home-funeral-planning advice and die without being able to receive in-person assistance from end-of-life doulas.

- 221. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, when the Family Plaintiffs die they will be unable to receive home-funeral-planning advice and unable to receive in-person assistance from an end-of-life doula.
- 222. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle are faced with the possibility of closing Full Circle.
- 223. Because of the Bureau's application and enforcement of California's funeral-licensure statutes and regulations against Plaintiffs, Akhila, Donna, and Full Circle are faced with the

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unnecessary costs and burdens of licensure.

224. Akhila, Donna, and Full Circle fear destruction of their nonprofit and its efforts to educate the community if they are forced to cease certain activities in order to comply with the Bureau's application of California's funeral-licensure statutes and regulations against them.

CONSTITUTIONAL VIOLATIONS

COUNT I: (First Amendment)

- 225. Paragraphs 1 through 224 are incorporated as though fully set forth herein.
- 226. Plaintiffs Akhila, Donna, and Full Circle's individualized advice to families, such as the families of Plaintiffs Pamela, Kay, Janaia, and Robin, on how to create an individualized homefuneral plan is pure speech, not a form of occupational conduct.
- 227. The First Amendment fully protects Plaintiffs Akhila, Donna, and Full Circle's right to offer speech in the form of individualized advice, and it protects the right of listeners such as Family Plaintiffs Pamela, Kay, Janaia, and Robin to receive that advice.
- 228. The First Amendment fully protects Plaintiffs Akhila, Donna, and Full Circle's individualized advice, and the right of listeners to receive it, regardless of whether Plaintiffs charge a fee for that advice.
- 229. By ordering Plaintiffs Akhila, Donna, and Full Circle not to provide individualized advice about home funerals without being licensed by the California Cemetery and Funeral Bureau, Defendants are engaged in the content-based regulation of pure speech.
- 230. The Bureau lacks even a substantial interest, much less a compelling one, in preventing laypeople like Plaintiffs Akhila and Donna from sharing useful advice about home funerals with people such as Family Plaintiffs Pamela, Kay, Janaia, and Robin, who are planning their home funerals.
- 231. Even if a substantial or compelling interest exists, requiring Plaintiffs Akhila and Donna to become state-licensed funeral directors and to open a state-licensed funeral establishment to provide individualized advice about home funerals is not the least restrictive alternative and is not tailored in any way.
 - 232. By suppressing Plaintiffs' fully protected speech, the Funeral Bureau is inflicting an

246. Without declaratory and injunctive relief from this Court, that irreparable harm will continue indefinitely.

COUNT III: (Due Process)

- 247. Paragraphs 1 through 224 are incorporated as though fully set forth herein.
- 248. Plaintiffs Akhila, Donna, and Full Circle want to attend home funerals at the invitation of people like Family Plaintiffs Pamela, Kay, Janaia and Robin, to provide practical but non-technical assistance to help families implement their home-funeral plans.
- 249. Plaintiff Full Circle wants to provide end-of-life doulas, such as Plaintiff Akhila Murphy, to people like Plaintiff Pamela Yazell, who want to have end-of-life doulas present in their home following death and assisting the family in implementing its home-funeral plan.
- 250. Plaintiffs Akhila and Donna want to assist with simple actions that are lawful for laypeople to perform as part of a home funeral.
- 251. Family Plaintiffs Pamela, Kay, Janaia, and Robin would like to receive the comforting services of Akhila, Donna, and Full Circle at their home funerals.
- 252. The Bureau's application of California funeral-licensure statutes and regulations violates Plaintiffs Akhila, Donna, and Full Circle's Fourteenth Amendment liberty interests to the extent it prohibits them from providing in-person assistance during a home funeral.
- 253. There is no justification for treating Full Circle and its end-of-life doulas as though they are, respectively, a funeral establishment and funeral directors. Treating fundamentally different things as though they are the same violates due process.
- 254. The Bureau cannot satisfy any level of due-process scrutiny in requiring Plaintiffs Akhila, Donna, and Full Circle to become state-licensed funeral directors and a state-licensed funeral establishment headed by a state-licensed funeral director to provide practical, non-technical, nonmedical assistance to help families implement their home-funeral plans for compensation.
- 255. In providing home-funeral services for free, Plaintiffs Akhila, Donna, and Full Circle possess a fundamental Fourteenth Amendment liberty interest in being able to provide help and comfort to the bereaved during a private family-directed home funeral by assisting family members

in doing things that it are lawful for any layperson to do, including the family members themselves.

256. The Bureau lacks a legitimate government interest in regulating who attends private funerals in private homes, absent probable cause that a crime has been committed, to the extent the Bureau's application of California funeral-licensure statutes and regulations prevents Plaintiffs Akhila, Donna, and Full Circle from providing home-funeral services for free.

257. The Bureau cannot satisfy any level of due-process scrutiny in requiring Plaintiffs Akhila, Donna, and Full Circle to become state-licensed funeral directors and a state-licensed funeral establishment to provide practical but non-technical assistance to help families implement their home-funeral plans for free.

258. The Bureau cannot satisfy any level of due-process scrutiny in requiring Plaintiffs Akhila, Donna, and Full Circle to build, own, and operate a physical funeral establishment to perform home-funeral services in the home of a family hosting a private home funeral.

259. To the extent Plaintiffs Pamela, Kay, Janaia, and Robin want Plaintiffs Akhila, Donna, and Full Circle to attend their home-funeral services for free, they possess a Fourteenth Amendment liberty interest in being able to seek help and comfort in their bereavement during a private home funeral by having someone else do things that it is lawful for family members to do themselves.

260. To the extent Plaintiffs Pamela, Kay, Janaia, and Robin want Plaintiffs Akhila, Donna, and Full Circle to attend their home-funeral services for free, California lacks a legitimate government interest in regulating who attends private funerals in private homes, absent probable cause that a crime has been committed.

261. To the extent Plaintiffs Pamela, Kay, Janaia, and Robin want Plaintiffs Akhila, Donna, and Full Circle to attend their home-funeral services for free, the Bureau cannot satisfy any level of due-process scrutiny in prohibiting them from having an end-of-life doula at their home-funeral service to attend and provide practical, non-technical, non-medical assistance to help families implement their home-funeral plans.

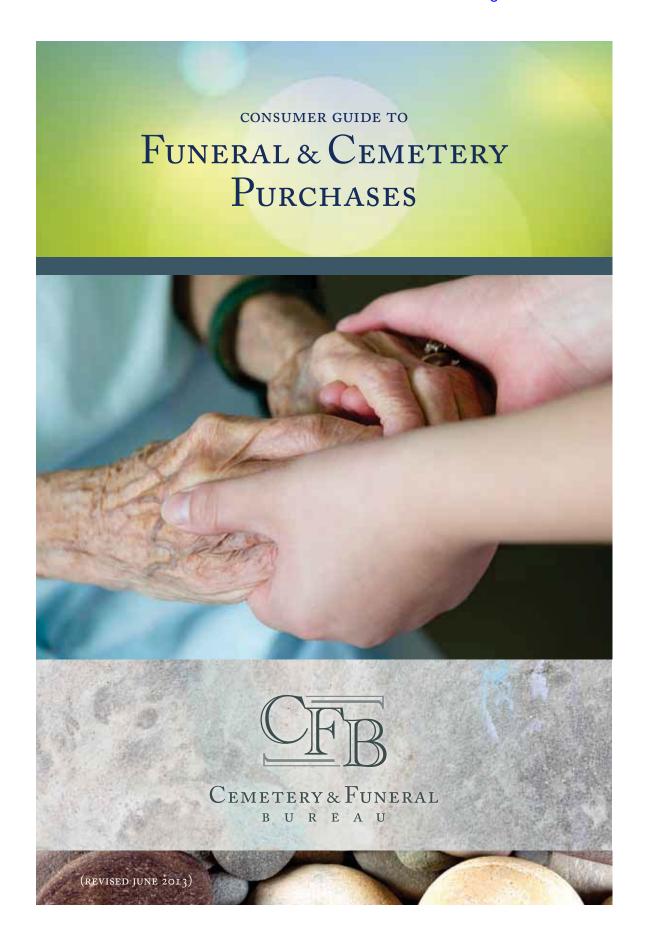
262. To the extent Plaintiffs Pamela, Kay, Janaia, and Robin want to compensate Plaintiffs Akhila, Donna, and Full Circle for attending their home-funeral services, the Bureau cannot satisfy

1	any level of due-process scrutiny in requiring them to compensate only a state-licensed funeral		
2	establishment and state-licensed funeral directors when they are seeking practical but non-		
3	technical and non-medical assistance to help them implement their home-funeral plans.		
4	263. The burdens of funeral licensure imposed by the Bureau's application of California'		
5	funeral statutes and regulations are so disproportionate to any government interest in preventing		
6	Full Circle, Akhila, and Donna from providing non-technical and non-medical assistance to help		
7	willing families like Pamela, Kay, Janaia, and Robin with their lawful home funerals in their		
8	intimate, private homes, that it is unduly oppressive and cannot satisfy any level of due proces		
9	scrutiny.		
10	264. By suppressing Plaintiffs' due-process rights, the Funeral Bureau is inflicting an ongoing		
11	irreparable harm on them.		
12	265. Without declaratory and injunctive relief from this Court, that irreparable harm wil		
13	continue indefinitely.		
14	PRAYER FOR RELIEF		
15	Plaintiffs respectfully request the following relief:		
16	A. A Declaration that the Bureau's future enforcement of California's funeral statutes and		
17	regulations violates the First and Fourteenth Amendments as applied to Plaintiffs;		
18	B. Preliminary and permanent injunctions enjoining future enforcement of California's		
19	funeral statutes and regulations as applied to Plaintiffs' in violation of the First and Fourteenth		
20	Amendments;		
21	C. Attorneys' fees and costs; and		
22	D. Any other relief the Court deems just and proper.		
23	Datade Ivea 20, 2020 Degree of fully, submitted		
24	Dated: June 30, 2020. Respectfully submitted,		
25	Jeff Rowes* <u>/s/ Derek M. Mayor</u> Derek M. Mayor (CA Bar No. 307171)		
26	INSTITUTE FOR JUSTICE PILLSBURY WINTHROP SHAW PITTMAN LLP		
27	816 Congress Ave., Suite 960 500 Capitol Mall, Suite 1800 Austin, TX 78701 Sacramento, CA 95814		
28	(512) 480-5936 (916) 329-4703		

	Case 2:20-at-00634 Document 1 File	ed 06/30/20 Page 30 of 30
1	jrowes@ij.org de	erek.mayor@pillsburylaw.com
2	Again Gillilli	nomas V. Loran III (CA Bar No. 95255)
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4	Arlington, VA 22203 Sa	an Francisco, CA 94111 15) 983-1865
5		omas.loran@pillsburylaw.com
6	*Application for admission	
7	pro hac vice to be filed	
8	A	ttorneys for Plaintiffs
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		-30- COMPLAINT

COMPLAINT

EXHIBIT A



LEGAL REQUIREMENTS

Home Death Care

The use of a funeral establishment and funeral director is not required by law when preparing a body for disposition. You can arrange for your body, or that of a loved one, to be cared for and prepared for disposition by family and friends at home. If you choose home death care, you must:

- File a properly completed Certificate of Death, signed by the attending physician or coroner, with the local registrar of births and deaths.
- Obtain a Permit for Disposition from the local registrar of births and deaths.
- Provide a casket or other suitable container.
- Make arrangements directly with the cemetery or crematory.

Your local county health department may be able to help you file a Certificate of Death and/or a Permit for Disposition.

(NOTE: Human remains may be kept at home without embalming or refrigeration until disposition. Generally, decomposition will proceed more rapidly without refrigeration or embalming.)

Coroner Fees

California law permits coroners to charge for certain services. Fees vary by county.

Retail Casket Sellers

California law requires retail casket sellers, when beginning any discussion of prices, to give customers a written price list of all caskets, alternative containers, and outer burial containers normally offered for sale and the price for each. In addition, if customers ask for the list in person or by phone, the retail casket seller must give them a written statement identifying caskets or containers by price, thickness of metal, type of wood or other construction, and by interior and color. Price, thickness, construction, and color information must also be included on a tag conspicuously attached to each casket. Prior to a sale, the seller must provide the buyer an itemized statement of all costs involved.

Retail casket sellers are not allowed to arrange funerals or cremations or perform any other functions requiring a license as a funeral establishment. Before doing business with any retail casket seller, you may

COMPLAINT

EXHIBIT B

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FULL CIRCLE OF LIVING AND DYING INITIAL CONSULTATION RECORD

DATE OF INTERVIEW:				
CLIENT:				
		SEX:		
HOME ADDRESS:				
DIRECTIONS:				
ETHNICITY:		RELIGION:		
SPOUSE/SIGNIFICANT OTHER:				
CONTACT INFO:				
PRIMARY CAREGIVER:				
CONTACT INFO:				
NAMES OF THOSE IN A	ATTENDANCE:			
		Relationship: _		
		Relationship: _		
		Relationship:		
		Relationship:		
(List others on the	back of this pag	ge.)		
MEMBERS OF HOUSEH HOME):	HOLD/RELATIO	NSHIP (IF CLIENT IS LIV	ING IN A PRIVATE	
			Age:	
			Age:	

Case 2:20-at-00634 Document 1-1 Filed 06/30/20 Page 6 of 44 _____ Age: ____ (List others on the back of this page.) WHERE IS CLIENT LIVING NOW, IF NOT AT ABOVE ADDRESS? ADDRESS: _____ **DIAGNOSES:** PRIMARY: SECONDARY: WHAT ARE YOUR MAIN CONCERNS TODAY? _____ PHYSICIAN #1: ______ CONTACT INFO: _____ PHYSICIAN #2: PHONE NUMBER: _____ IS THIS DIAGNOSIS CONSIDERED TO BE TERMINAL? YES:

HOSPICE CONTACT(S):

SOCIAL WORKER:

NO: _____

NURSE:

OTHER CAREGIVERS:	
ARE CAREGIVING ARRANGEMENTS SATISFACTORY NOW?	YES:
	NO:
IF NO, WHAT NEEDS ARE NOT BEING MET?	
DURABLE POA FOR HEALTHCARE (ADVANCED DIRECTIVE):	
	NO:
AGENT #1:	
CONTACT INFO:	
AGENT #2:	
CONTACT INFO:	
LIVING WILL:	YES:
	NO:
DESIGNATED AGENT FOR AFTER-DEATH ARRANGEMENTS:	
CONTACT INFO:	

WHAT ARE YOUR INITIAL THOUGHTS ABOUT YOUR END-OF-LIFE CARE? AFTER DEATH CARE SUMMARY: YES: _____ INTERESTED IN HOME FUNERAL: NO: _____ Cremation: _____ Green burial: _____ Standard mortuary care and burial: _____ YES: _____ DO YOU OWN A CEMETERY PLOT? NO: _____ Details:

MORTUARY PREFERENCE:

File name: Initial consultation record with.doc.x



FULL CIRCLE OF LIVING AND DYING

PERSONAL REFLECTIONS

This is a tool we use to get to know you so we can serve you in the best possible way. We encourage you to approach it thoughtfully, and perhaps share some or all of your responses with your end-of-life doulas, loved ones, caregivers and others to enable them to hear your concerns, meet your needs and facilitate healing on all levels of your being as you move through the last months/weeks/days of your life. Of course, what you chose to share, or not, is entirely up to you.

What is your understanding of your current state of health?
As your condition changes, what level of functioning is important for you to maintain, if possible?
As your condition changes, what are your goals?

What are your fears?
When you are by yourself, where do your thoughts take you?
What is most important to you in your life right now?
Who is most important to you?
What is a good day like for you?

What was your life's work?
Who are your heroes?
What are your greatest accomplishments in life?
What remembrances stand out in your mind now?
What regrets do you have?

What are your tastes in music? Do you have particular favorites that bring you a sense of peace and calm?
What beliefs give your life meaning?
Would you describe yourself as a religious person? Spiritual but not religious? Neither?
How important is your faith to you?
What spiritual or religious practices guide your life?

Do you spend time in a religious or spiritual community?
How do you participate in this community?
If your spiritual or religious community is a source of support for you, are you willing to call upon them to support you? Explain.
Are there any action steps you wish to take on your spiritual journey at this point in your life, including seeing religious/spiritual counselor or mentor? Who would that person be for you?
Do you belong to any other formal or informal community groups or organizations that you would like to invite into your caring circle?

Other reflection	ons you would	like to shar	e:		

File name: Personal Reflections with.docx



FULL CIRCLE OF LIVING AND DYING

MY DEATH AND AFTER-DEATH CARE PLAN

Welcome. This planning tool has been developed with kindness and compassion in order to help you consider in some detail your wishes as you approach the end of life.* Being informed, considering what you may want, and conveying your wishes to those who love and support us is a great act of empowerment, both for you and for them. Being aware of what you want can bring peace to your loved ones as they navigate the landscape of your death, and it can also make for a healthier bereavement after you are gone.

Whether you are currently healthy, unwell, dying, or perhaps you are someone who is accompanying a person their journey as death approaches, please use this tool to help guide your thinking about your own death. You may want to journal or make notes to assist you. You may want to discuss your thoughts and feelings with a trusted friend or relative. You may even want a friend or family member to complete a death care plan of their own as a basis for further discussion.

Things change over time, and you may want to revisit this process in the future. It's not carved in stone. It's meant to be a living document that grows and changes as you do, but one that, at any given point in time, can be relied upon to accurately reflects your thoughts and feelings about your own death and end-of-life care.

MY NAME:	
DATE:	REVIEWED/UPDATED:
MY MESSAGE:	

ME	: DATE:
th mb ille	s my death care plan. I have given considerable thought to my own , and I want to share the following details to help my friends, family bers and caregivers, particularly if that time turns out to be very nging. I want to approach the time of my death as consciously as ble, and to that end, I share the following:
	When it becomes clear I am dying, I would like: for everyone to be honest and clear with me about my situation; the opportunity to discuss the implications of treatment vs. non-treatment for my condition; to be given a rough idea by those who love me, but spare me the details unless I ask; not to be told I have a terminal condition or am approaching death; other:
	I would like my physician or other trusted health care professional to give me: their considered professional opinion based on their experience; their considered personal opinion based on their life experience; their professional estimation of the time I have left to live; a description of the best, average and worst case scenarios for me; other:
	The person/s I want to care for me and make decisions are:
	The person/s I do not want to be involved or share responsibility for my care are: Names/relationship:
	I would prefer to be cared for: in a facility depending on the level of care needed, such as nursing home, hospital, palliative care facility or hospice; in my own home, if possible, with friends, family and caregivers:

	wherever is the best, most practical place for me under the
	circumstances;
	I don't really care as long as I am being given the care I need; I don't really care as long as I have the best possible care.
As	the end of my life nears, I would like:
	to be given the space (peace and quiet) to have my own inner
	spiritual journey;
	to be given relatively frequent periods of alone time;
	to have periods of silence in the room, with no music or
	conversation; to be surrounded by people who do not talk as if I am not there;
	to always be surrounded by people and never left alone;
	for someone to sleep in the same room with me;
	for my beloveds to be able to sleep next to me;
	for someone to make decisions and monitor the flow of people in
	and out of my space, if I am unable to do this for myself;
	to be taken outdoors and into nature as often as possible;
	to be surrounded by sacred objects meaningful to me;
	to be surrounded by flowers, mementos, and other objects to make
	my space beautiful;
	to have the windows open with lots of light light and fresh air
	(depending on the season);
	to have my space cozy, with low light;
	to have radio, television and/or internet access to keep me
	company;
	other:
lf I	do go into care:
Му	pets are:
The	ey are to go to:
	spiritual, religious, scientific, philosophical beliefs are important me. I believe:
	in a concept like a soul, spirit, essence, life force, higher power;
	in heaven and hell;
	there is an afterlife (but not "heaven and hell");

	 that I am not my body; I am a spiritual being having a physical experience; I am my body/mind, organic matter only, and when I die, that's when I die, I will go back to the universal Source; when I die, I will go back to nature and become part of everythe when I die, I will join with those I love who have died before multiple I will be reincarnated; that my spirit cannot/will not be affected by any medication.
	_ I get my inner strength from
	_ I get my inner peace from
Othe	beliefs that are important to me at this time in my life:
	near the time of my death, I would like:
	near the time of my death, I would like: _ to have music playing, such as
	_ to have music playing, such as to be gently touched and massaged;
	_ to have music playing, such as
	_ to have music playing, such as _ to be gently touched and massaged; _ some gentle physical contact;

After	my death, I would like:
	for people who so desire to be able to spend time with my body;
	an overnight or extended vigil;
	a homemade coffin;
	an eco-friendly or cardboard coffin with no plastic liner;
	for my loved ones to decorate my coffin, inside and out, if we have
	not had an opportunity to do this together before my death;
	to have mementos, objects with special meaning to me or my love
	ones placed in the coffin with me;
	to have an open coffin during my ceremony;
	to have a closed coffin during my ceremony;
	to have no formal ceremony;
	for someone to plant a tree, shrub or other plant in my memory:
	for someone to plant a tree, shrub or other plant in my memory;
	I don't really care what happens to my body after death;
	for my body to be disposed of in the easiest and most practical wa
	under the circumstances;
	for my after-death wishes to be modified as my loved ones decide
	if what I have elected becomes the cause of more distress;
	_ to be buried;
	_ to be cremated.
	_ in a traditional cemetery plot; _ in a manner that does not involve embalming; _ I am easy and trust whatever happens.
Addill	onal Instructions:
My ak	osolute wish is that my body be cremated: _ in an eco-friendly or cardboard coffin with no plastic liner;
	with my ashes to be scattered at:
	with my children and others listed here to have a portion of my ashes:
	ashes:

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 _ with the remainder of my ashes to be buried/scattered at:
 _ I am easy and trust whatever happens.
referred funeral wishes, if circumstances allow, are: _ for my family/friends to create a beautiful appropriate ceremony; _ although there may be sadness, I really want them to celebrate my life;
 _ to have an outdoor ceremony at:
 _ to have an indoor ceremony at:
 _ to have the celebrant be:
 _ to have this music to played:
 _ to have these passages to be read:
_ to have the following people to speak, if they so desire:
to have a wake held at:
 _ for there to be a dance party;
 _ I want a home funeral, and no other ceremony to follow;
 _ I want a home funeral to be followed later by a memorial gathering;
I don't want there to be any observance whatsoever.

Last	minute thoughts not expressed elsewhere:		
14.	LATER UPDATE:		
14.	Date:		
	I am modifying my earlier instructions as follows (be specific):		

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File name: My death care plan with.docx

^{*}Adapted by Full Circle of Living and Dying from the original created by Zenith Virago, 2016.

COMPLAINT

EXHIBIT C

Full Circle of Living and Dying

HOME

ABOUT US/CONTACT

HOME FUNERAL GUIDANCE

END-OF-LIFE CARE

GREEN BURIAL

EVENTS/NEWS

RESOURCES

MORE...

Original Founders: Amber Hill, Akhila Murphy, Rich Fisher, and Nandi Szabo





2020 Board of Directors:



Martha Turner, Akhila Murphy, Donna Peizer, Mary Good, Linda More, Amanda Kenney, CMA Medeiros (missing).

Full Circle of Living and Dying (revised name) is a newly formed nonprofit 501(c)(3). Having served our community with our hearts and souls since 2013 we are happy to move forward and continue to be of service with new inspiration! Our educational team consists of trained death-care midwives, post-death-care home funeral guides, end-of-life doulas, end-of-life planners, conversation facilitators, educators, vigil guides, caregivers for the dying, grief ritual specialists, cremains glass blowers, and individuals whose gift is guiding and educating the community about all topics of conscious dying, and after death care.

Our calling is to be of service at end of life with dignity and grace. Our intention is to empower families and communities in

bringing back the tradition of home death care through our guidance and our local resources.

ADVANCE PLANNING IS THE BEST WAY TO MAKE YOUR WISHES KNOWN.

CALL US FOR A FREE PHONE CONSULTATION - (916)397-5443. We also offer a complete in-home consultation which includes an individualized plan of care and step-by-step guidance in options available in our community.

We are educated and experienced in guiding families through the process of caring for loved ones during end of life and after death.

Full Circle of Living and Dying is an educational consulting group and is in no way considered a funeral establishment. Any contributions received by Full Circle of Living and Dying are for requested consulting services and private or public education.



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Full Circle of Living

HOME

ABOUT US/CONTACT

HOME FUNERAL GUIDANCE

END-OF-LIFE CARE

GREEN BURIAL

EVENTS/NEWS

RESOURCES

MORE...



Little Boat, Jerry Wennstrom http://www.handsofalchemy.com

FULL CIRCLE of LIVING & DYING: Home Funeral Education

Bringing back the beautiful tradition of home death care and memorial services in your private home setting.

Family centered home funeral and after death care is a form of home vigil for your loved one, much like a traditional wake. It is a sensitive and compassionate process where family and community members, children as well as elders, can be as involved as they want to be in caring for their loved one's body while

honoring one's own family traditions and spirituality.

This form of Family directed Home Funeral is profoundly beautiful and healing and has the possibility of impacting everyone's attitude about death for generations to come.

Our work includes education and guidance. We train you in the care of a dying loved one, and oversee after death care so your loved one may to lie in honor at home (home vigil) for as long as needed (usually one to three days). We offer guidance in arranging options for burial or cremation. Home death care allows time for family and friends to gather and process grief in a loving setting, honoring the death process in your own comfortable environment.

ADVANCE PLANNING IS THE BEST WAY TO MAKE YOUR WISHES KNOWN. Call for a free phone consultation - AKHILA (916)397-5443 Let's have step by step discussion about what you want for your own after death care, or care of a loved one. We also offer in-home individualized care plans for you and your loved ones to discuss options together - let's talk more!



HOME FUNERAL CARE: LOVING SUPPORT

Death-Care Midwives- Home Funeral care at a residential care facility was initiated by family and friends. "Home" Funerals can happen in hospitals and care facilities as well as in the home. Loving after-death care creates a sacred environment where family and community may gather to offer loving care and ceremony.





Family Directed End-of-Life and After Death Care Includes:

POWERED BY

- Support Castle 21210 in a to 0 Co 63 4 bits Diog Lega entrol 1 bits reited a 0.6/36/20 k (Pagge 217) in a to 4.4 ermit for disposition and cremation authorization. Also, Advance Directives)
- Education by trained End-of-Life Doula/Post-Death Care Midwife on how you may legally care for your loved one for lying in honor for in-home vigil.
- · Act as a liaison in learning optional arrangements for transportation from a home to crematorium or cemetery.
- · Guidance in dying ritual, memorials, creating sacred space, and ceremony
- Eco-Friendly, low cost casket

California Law states you may direct your family member's funeral.

"Hiring a funeral director is not required by law when preparing a body for disposition. You can arrange for your body, or that of a loved one, to be cared for and prepared for disposition by family and friends at home." -State of California Dept. of Consumer Affairs Consumer Guide to Funeral & Cemetery Purchases.

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Full Circle of Living

HOME

ABOUT US/CONTACT

HOME FUNERAL GUIDANCE

END-OF-LIFE CARE

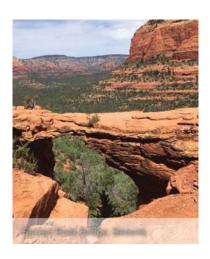
GREEN BURIAL

EVENTS/NEWS

RESOURCES

MORE...

Sacred Bridges: End-of-Life Care



It is Truly a Sacred Bridge

We know that considering a caregiver for your loved one is a big decision for the family. We know the decisions are even more difficult when transition or end-of-life is near. Amanda & her team of independent caregivers specialize in end-of-life care. "Our intention is to give ample support to families and the dying by striving to make dying times peaceful and comfortable right to transition and beyond." This includes creating and providing a sacred space for a natural death at home. We provide personal care in your home, care facility or hospital.



Amanda and Akhila

Amanda Kenney Compassionate End-of-life Doula Caregivers



We are A TEAM of trained nursing aides and Death Doulas. Amanda & her team work <u>together</u> with

each client

collaborating in care, sharing caregiving time, and co-creating a family care plan that offers the most for your loved one.

> For free phone consultation Call Amanda Kenney: (916)769-9674

Testimonials:

"You and Amanda and the others are very special people to do this work and be so in touch with death and with caring and then letting go. I will never forget you or the sweet lessons and time I got to spend in that process that you so lovingly wove around Lynn. She had a truly beautiful death and I believe I watched her willingly surrender and move to the next plane. -Susie S.

> Take me back oh hills I love. Lift me from this lonely bed, Light my way with stars above, Curl soft winds about my head, Wash my feet in crystal streams, Cradle my arms in boughs of oak, Breathe the scent of pine for dreams, Wrap me tight in earthen cloak. ~Appalachian Round

Optional Special services:

We also provide home cleaning/clearing services. Our team can come into the home for deep physical cleaning, sorting and reorganizing the home prior to lying in honor. We may smudge, and hold sacred ceremony to clear the air and assist in transition.

Call upon us to assist in clearing and cleaning the home after death. Call Akhila (530)432-6929

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COMPLAINT

EXHIBIT D

Full Circle of Living

HOME

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HOME FUNERAL GUIDANCE

END-OF-LIFE CARE

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COMPLAINT

EXHIBIT E



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CEMETERY AND FUNERAL BUREAU

1625 North Market Blvd., Suite S-208, Sacramento, CA 95834 P (916) 574-7870 | F (916) 928-7988 | www.cfb.ca.gov



NOTICE OF CITATION AND ASSESSMENT OF FINE

November 19, 2019

SENT VIA CERTIFIED AND REGULAR MAIL

Full Circle of Living and Dying Akhila Murphy 11202 Oak Canon Drive Penn Valley, CA 95946

RE:

License No: Unlicensed

Case No: 1 2019 333 Citation No: IC 2019 333

The Department of Consumer Affairs, Cemetery and Funeral Bureau, issues this citation pursuant to Business and Professions Code (BPC) section 125.9 and California Code of Regulations (CCR), Title 16, Division 23, Article 7.5 (commencing with section 2382).

VIOLATION

CCR section 1246 states:

The bureau is authorized to issue citations containing orders of abatement and assessing administrative fines against unlicensed persons, partnerships, corporations, associations or other organizations who engage in any activity including advertising for which licensure by the bureau is required. The citation may include a fine for such unlicensed activity which may range from one thousand and one dollars (\$1001.00) to five thousand dollars (\$5,000.00). The provisions of Sections 125.9 of the BPC shall apply to the issuance of citations for unlicensed activity under this section. The sanctions authorized under this section shall be separate from and in addition to any other civil or criminal remedies.

Glenn Miller, a Field Representative for the Bureau, conducted an investigation into a complaint filed against Full Circle of Living and Dying. The Bureau's investigation revealed a violation of CCR section 1246, unlicensed activity, when Full Circle of Living and Dying engaged in the activity of advertising as a funeral establishment when Bureau records reveal that no funeral establishment license has been issued to Full Circle of Living and Dying. Full Circle of Living and Dying advertises services on its website (www.fullcirclelivingdyingcollective.com) for which a funeral establishment license is required.

Violation of CCR section 1246 constitutes an administrative fine for which ranges from \$1001.00 to \$5,000.00. You are not being assessed an administrative fine for violation of CCR section 1246. Abatement will be considered satisfactory resolution of the violation cited.

The total fine assessment is \$0.

Payment of the administrative fine, if any, and abatement will be considered satisfactory

resolution of the violation(s) cited.

Notwithstanding the above assessment of fines, in accordance with BPC section 125.9(b)(3), the total fine(s) assessed for the violations contained in this citation shall not exceed \$5,000.00.

This citation shall become a final order of the Bureau 30 days after the date of issuance. Payment of any administrative fine shall be due within 30 days of the date of issuance of the citation. Payment shall be made by cashier's check or money order only, payable to the Cemetery and Funeral Bureau. A personal or business check will not be accepted. Please indicate the citation number on the cashier's check or money order and mail it to the Bureau at 1625 North Market Blvd., Suite S208, Sacramento, CA 95834.

If you wish to contest all or part of this citation, you may request a formal appeal hearing by filing with the Bureau a written request for a hearing within 30 days of the date of issuance of this citation. For further information regarding a formal appeal, please refer to CCR section 1244 (enclosed).

Without waiving your right to request a formal hearing, you may also request an informal office conference by filing with the Bureau a written request within 10 days of service of the citation, pursuant to CCR section 1245 (enclosed). You may, but need not, be represented by counsel.

If this citation is not contested, either informally or formally, payment of any administrative fine shall not constitute an admission of the violations charged.

Failure to pay any fine within 30 days of the issuance or affirmation of the citation shall constitute a violation and may result in further disciplinary action.

If the citation is not contested and the fine is not paid, the full amount of the administrative fine shall be added to the fee for renewal of your license and your license shall not be renewed without payment of the renewal fee and administrative fine.

ORDER OF ABATEMENT

The Bureau hereby directs that you immediately discontinue advertising and operating as a funeral establishment until a license is issued by the Bureau. Such action is necessary to achieve full compliance with all provisions of the Cemetery and Funeral Act, Health and Safety Code and regulations adopted by the Bureau.

If you have any questions, please contact the Cemetery and Funeral Bureau at (916) 574-7870.

Sincerely,

Gina Sanchez, Bureau Chief Cemetery and Funeral Bureau

Enclosure

cc: Glenn Miller, Field Representative



CEMETERY AND FUNERAL BUREAU

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INFORMATION FOR APPEALING CITATIONS

§ 1244. Appeal of Citation

- (a) Any person or entity served with a citation pursuant to this article and Section 125.9 and 125.95 of the Business and Professions Code may contest the citation by filing with the bureau, within thirty (30) days of the date of issuance of the citation, a written request for a hearing. All hearings under this section shall be conducted in accordance with the provisions of Chapter 5 (commencing with Section 11500) of Part 1 of Division 3 of Title 2 of the Government Code. The cited person or entity may contest any or all of the following aspects of the citation:
- (1) The occurrence of a violation of the Funeral Directors and Embalmers Law or of a regulation adopted by the bureau.
- (2) The reasonableness of the order of abatement, if an order of abatement is included in the citation.
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- (b) Failure of a cited person or entity to appear at the time and location of the requested hearing shall be deemed a withdrawal of his, her or its appeal, and the citation shall constitute a final order of the bureau and shall not be subject to appeal or review.

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- (a) Without waiving his, her or its right to contest the citation pursuant to subdivision (b)(4) of Business and Professions Code Section 125.9, and Section 1244 of this code, the cited person or entity may, within ten (10) days after service of the citation, notify the bureau chief in writing of his. her or its request for an informal office conference regarding the violations charged in the citation.
- (b) An informal office conference shall be held with the cited person or entity or his, her or its legal counsel or authorized representative, within thirty (30) days of receipt of the request. After conclusion of the informal office conference, the citation may be affirmed, modified or dismissed. The cited person or entity shall be notified of the actions taken, in writing, within fifteen (15) days of the conclusion of the conference, stating the reasons for the actions, the findings, and the decision. This written notification shall be served in accordance with the provisions of Section 11505(c) of the Government Code. This decision shall be deemed to be a final order with regard to the citation issued, including the fine levied and the order of abatement.
- (c) The person or entity cited does not waive his, her or its right to contest the citation pursuant to subdivision (b)(4) of Business and Professions Code Section 125.9, and Section 1245 of this code, by requesting an informal office conference after which the citation is affirmed. However, if the citation is dismissed after an informal office conference, any request for a hearing on the matter shall be deemed to be withdrawn. If the citation, including any fine levied or any order of abatement issued, is modified, the citation originally issued shall be considered withdrawn and a new citation issued. If a hearing is requested for a subsequent citation, it shall be requested in accordance with subdivision (b)(4) of Business and Professions Code Section 125.9 and Section 1245 of this code.



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The total fine assessment is \$0.

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Sincerely,

Gina Sanchez, Bureau Chief Cemetery and Funeral Bureau

Enclosure

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COMPLAINT

EXHIBIT F



BUSINESS, CONSUMER SERVICES AND HOUSING AGENCY . GAVIN NEWSOM, GOVERNOR CEMERERY DANS FROM ERAL BURE 406/30/20 Page 42 of 44

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DECISION AFTER INFORMAL OFFICE CONFERENCE REGARDING CITATION

December 24, 2019

SENT VIA CERTIFIED AND REGULAR MAIL

Full Circle of Living and Dying Akhila Murphy 11202 Oak Canon Drive Penn Valley, CA 95946

RE:

License No: Unlicensed

Case No: 12019 333

Citation No: IC 2019 333

On November 19, 2019, the Department of Consumer Affairs, Cemetery and Funeral Bureau (Bureau) issued Citation No. IC 2019 333 to Full Circle of Living and Dying for the violation listed below. On November 26, 2019 the Bureau received a request from Akhila Murphy for an Informal Office Conference (IOC). The IOC was held on December 17, 2019 at Bureau Headquarters in Sacramento. In attendance at the IOC were Akhila Murphy, and Donna Peizer (a member of Full Circle of Living and Dying's board of Directors), and on behalf of the Bureau, Lead Field Representative Amber Weaver, Field Representative Glenn Miller, and Enforcement Analyst Ayriel Storm.

VIOLATION

California Code of Regulations (CCR) section 1246: Full Circle of Living and Dying engaged in activities of advertising as a funeral establishment without first obtaining a funeral establishment license, as required by law.

Based upon the information presented, and a review of the case file, I am compelled to render the following Decision:

The citation, IC 2019 333 issued November 19, 2019, is contested based upon the following reason(s): Ms. Murphy states that Full Circle of Living and Dying is not a funeral establishment and does not advertise as such. Ms. Murphy states that they do not offer services that would be performed by a funeral director. Ms. Murphy presented a written statement outlining how Full Circle of Living and Dying seeks to address the needs of the family during the dying process, in addition to death care, and how they only try to educate consumers. During the IOC Ms. Murphy acknowledged that some of the statements in their website may have been misleading as to what they were providing or assisting the family with after death occurred.

Nothing in Ms. Murphy's or Ms. Peizer's rebuttal provides any reason or belief that the findings of the investigation or the citation were incorrect in their facts.

After careful review and consideration of the information brought forth by Ms. Murphy and Ms. Peizer, the Bureau finds insufficient evidence presented to remove violation of CCR section 1246 from citation IC 2019 333. Evidence from the website (www.fullcirclelivingdyingcollective.com) clearly demonstrates advertising to provide services which require a license.

DECISION and ORDER

Based on information presented by Ms. Murphy, in regard to violation of CCR section 1246, I am compelled to uphold the citation.

If you have any questions, please contact the Cemetery and Funeral Bureau at (916) 574-7870.

Sincerely,

Gina Sanchez, Bureau Chief

Cemetery and Funeral Bureau

Enclosure

cc: Amber Weaver, Lead Field Representative Glenn Miller, Field Representative



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INFORMATION FOR APPEALING CITATIONS

§ 1244. Appeal of Citation

- (a) Any person or entity served with a citation pursuant to this article and Section 125.9 and 125.95 of the Business and Professions Code may contest the citation by filing with the bureau, within thirty (30) days of the date of issuance of the citation, a written request for a hearing. All hearings under this section shall be conducted in accordance with the provisions of Chapter 5 (commencing with Section 11500) of Part 1 of Division 3 of Title 2 of the Government Code. The cited person or entity may contest any or all of the following aspects of the citation:
- (1) The occurrence of a violation of the Funeral Directors and Embalmers Law or of a regulation adopted by the bureau.
- (2) The reasonableness of the order of abatement, if an order of abatement is included in the citation.
- (3) The reasonableness of the period of time allowed for correction in an order of abatement, if an order of abatement is included in the citation.
 - (4) The amount of the fine, if a fine is included in the citation.
- (b) Failure of a cited person or entity to appear at the time and location of the requested hearing shall be deemed a withdrawal of his, her or its appeal, and the citation shall constitute a final order of the bureau and shall not be subject to appeal or review.

§ 1245. Informal Office Conference

- (a) Without waiving his, her or its right to contest the citation pursuant to subdivision (b)(4) of Business and Professions Code Section 125.9, and Section 1244 of this code, the cited person or entity may, within ten (10) days after service of the citation, notify the bureau chief in writing of his, her or its request for an informal office conference regarding the violations charged in the citation.
- (b) An informal office conference shall be held with the cited person or entity or his, her or its legal counsel or authorized representative, within thirty (30) days of receipt of the request. After conclusion of the informal office conference, the citation may be affirmed, modified or dismissed. The cited person or entity shall be notified of the actions taken, in writing, within fifteen (15) days of the conclusion of the conference, stating the reasons for the actions, the findings, and the decision. This written notification shall be served in accordance with the provisions of Section 11505(c) of the Government Code. This decision shall be deemed to be a final order with regard to the citation issued, including the fine levied and the order of abatement.
- (c) The person or entity cited does not waive his, her or its right to contest the citation pursuant to subdivision (b)(4) of Business and Professions Code Section 125.9, and Section 1245 of this code, by requesting an informal office conference after which the citation is affirmed. However, if the citation is dismissed after an informal office conference, any request for a hearing on the matter shall be deemed to be withdrawn. If the citation, including any fine levied or any order of abatement issued, is modified, the citation originally issued shall be considered withdrawn and a new citation issued. If a hearing is requested for a subsequent citation, it shall be requested in accordance with subdivision (b)(4) of Business and Professions Code Section 125.9 and Section 1245 of this code.